

Planmeca visit + Dental Anxiety course

19-20 MARCH 2020 | HELSINKI
PROF. SATU LAHTI (PHD, DDS)

Being afraid of dental treatment can result in delaying and avoiding dental visit, missed appointments, more serious health issues for the patient and stress for the dentists. Learn to understand and manage your patients' anxiety, and avoid losing income for it.

- Understand dental anxiety and what are the most common triggers and causes
- Learn to measure and diagnose dental anxiety
- Adopt new treatment methods and coping techniques for dental anxiety

7 CE CREDITS

The course is accredited by University of Turku. NIDE is recognized as a quality providers of continuing dental education by ADA CERP.

750 € (+VAT, IF APPLICABLE)

The course price includes lectures, course materials, lunches and refreshments. Dinner on the first evening is complimentary for course participants by Planmeca.

HOTEL

Discounted prices available for registered participants by partner hotels. Transportation to the training center during the course days will be complimentary from the recommended hotel.



DAY 1

PLANMECA DIGITAL PERFECTION TOUR LECTURES AND DEMONSTRATIONS

- Factory tour – Planmeca dental units
- Planmeca imaging units - The latest development in cbct imaging
- Planmeca Romexis® software - The latest features of the world-leading imaging software
- Factory tour – Planmeca imaging units
- VR - implant planning in virtual reality
- Hands-on demonstration
– Planmeca dental units

Evening Program

Dinner and sauna at Planmeca's luxurious seaside Villa Harbo

DAY 2

DENTAL ANXIETY COURSE LECTURES AND PRACTICAL EXAMPLES

- Prevalence and etiology of dental anxiety i.e. how common is dental anxiety, why people are afraid of dentistry, what does it do for the patient and the dentist
- Measuring and diagnosing dental anxiety i.e. theory and practical examples of measuring dental anxiety
- Evidence based management of dental anxiety i.e. theory and practical examples of treatment of dental anxiety in normal practice
- Panel discussion with cases of the course participants

Certificate ceremony and champagne



Satu Lahti

PROFESSOR IN COMMUNITY DENTISTRY
UNIVERSITY OF TURKU | FINLAND

LECTURER PROFILE

Experienced Nordic lecturer and respected researcher with 20 years of experience in treating dental anxiety in private practice, University hospital clinic and special dental anxiety clinic.

EDUCATION AND DEGREES

- 2007 Title of Docent (Adjunct Professor): Community Dentistry, University of Helsinki
- 1996 Dental Specialist in Health Care, University of Oulu
- 1995 Doctor of Odontology (PhD), University of Kuopio
- 1985 Licentiate of Dentistry (DDS), University of Kuopio

LANGUAGES

Native Finnish
Excellent English
Moderate Swedish

TEACHING AND PEDAGOGICAL COMPETENCE

- University Pedagogics studies, 18 credits, 1997-2010
- University teaching experience since 1997
- Supervisor for 40 completed undergraduate theses
- Participation in curriculum design and educational administration, University of Oulu and Turku, 2000-2013
- Special Qualification of a Dental Educator, 2011

RESEARCH

- Contributed in 128 research publications
- Supervisor for ten completed PhD thesis
- Supervisor for nine registered PhD students
- Research grants from five foundations worth 105 300 €

RECENT PREVIOUS WORK EXPERIENCE

- 2012-2016 Vice-Head, Institute of Dentistry, University of Turku
- 2011-present Professor, Department of Community Dentistry, UTU
- 2010-2011 Head of Dental Education, Institute of Dentistry, University of Oulu
- 2010-2011 Professor (act.), Department of Community Dentistry, University of Oulu
- 2008-2010 Senior Research Fellow, Department of Community Dentistry, University of Oulu
- 2008-2010 Visiting lecturer, Institute of Dentistry, University of Helsinki
- 1997-2008 Senior Lecturer, Department of Community Dentistry, University of Oulu
- 1996-2011 Part time consulting dentist at the Dental Anxiety Clinic, Oulu University Hospital

AWARDS

- National Award for Quality Unit of Education 2004-2006, Finnish Higher Education Evaluation Council
- University Award (30 000 euros) for Developing Undergraduate Preclinical Education 2010

MEMBERSHIPS IN SCIENTIFIC SOCIETIES

- Finnish Dental Association, member since 1985
- International Association for Dental Research, member since 1985
- Member of Executive Board for Finnish Current Care, Finnish Medical Society Duodecim 2010-2011

Finnish Dental Society Apollonia, member since 1985

- President, 2013-2015
- Member of Board, 2003-2012, Vice President, 2010-2012
- Board member of the Division of Public Health, 1988, 1989, 1999-2003
- Board member of the Committee of Continuing Education, 1997-2001, Vice President 2001